



## Overview of the Disability Hub MN and Disability Benefits 101 (DB101)

**Marcy LaCroix, Heather Stillwell, Lauren Mayer**

Community Capacity Builders

Disability Hub MN

# Disability Hub MN™: A Resource Network

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Marcy LaCroix  
Lauren Gower  
Heather Stillwell

Community Capacity Builders

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# What is Disability Hub MN™?

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- Free statewide resource network
- A simple, single access point
- Safe, neutral, and trusted resource
- Trained team of Option Counselors (OC)
- Comprehensive—puts the pieces together

# Our Team

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- Person Centered Options Counselor training
- Ongoing, monthly training on topics
- Some OC's have additional credentialing in other areas of expertise



# Options Counselor Comments

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“If we can be the point of contact to help resolve an issue with their services, MA/Medicare, medications, or any other issue that they have, then I have done my job, and in the end, it helps people to get what they need or to help them understand what their needs are.”

“I appreciate the opportunity to help callers navigate challenging transitions in their lives. I am constantly humbled by their creativity and resilience.”

# Who We Help...

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- Case Managers
- Social Workers
- Eligibility Specialist
- Family, Friends, Advocates, etc.
- Anyone with or without a disability

# Support for Professionals

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- Act as a partner and offer support to the individual and those that support them
- Trouble shoot and help find solutions
- Referrals to other resources
- Staff can facilitate a conference call with client and professional so that they can coordinate efforts

# Why Contact Us?

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- To find community resources someone may not be aware of
- Get information about managed health care plans
- Troubleshoot issues
- Help understand benefits and how to manage them
- Assistance with setting goals and support in the process of achieving them



# You can ask us anything!

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- What are my health insurance options?
- How can I be more involved in my community?
- Can I live where I want and get the help I need?
- How can I learn new skills to reach my goals?
- Can I work, or work more?
- What happens to my benefits when I earn more money?

# Services

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- Options Counseling
- Information Referral & Assistance
- Follow Along
- Capacity Building

# Options Counseling

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- The Hub staff help clients understand and evaluate their options, so they are able to make educated decisions through the telephone, email, and chat services.
- Discovery process
  - A person may call in about one issue, then through exploration, we find out we can assist with something else

# Information Referral and Assistance

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- We provide information about resources that may be able to assist clients in their specific situations.
- Options Counselors assist clients as little or as much as the client prefers.
- Our goal is to empower the client to get connected to the resources that will be helpful to them.

# Follow Along

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- The Hub offers more than just a one-time call.
- Individuals having both a complex situation and desire to work on goals are offered additional support from the Hub via our Follow Along service.
- They will be paired with an Options Counselor who has specialized training to work on creating goals and providing guidance.

# Capacity Building

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- Bridging systems and the people we interact with everyday
- Tools and training for people and partners
- Disability Hub MN's Community Capacity Builders

# How to use the Hub as a Tool

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- Policy related questions
- Provide education to better understand options
- Looking at a person's benefits to understand what may be going on
- Explain specific program eligibility criteria
- Connection to resources for further assistance
- Social Security Administration benefits navigation
- Questions regarding form completion and responses

# Housing: How the Hub can Help

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- Explain programs that help pay for housing
- Connection to resources that help with housing searches
- Providing contact information for subsidized housing providers
- Guidance on using HB101 and My Vault activities
- Exploration of work to increase available income



# Hub Data: Housing

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- 2019
  - 55,712 contacts via calls and chats
  - 5,735 cases specifically about housing
- 2020
  - 45,313 contacts via calls and chats
  - 4,487 cases specifically about housing

# Questions?

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# Disability Hub MN™: Hub Tools

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Static slides are provided for future reference.





# Hub Helpful Tools

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- [DisabilityHubMN.org](https://DisabilityHubMN.org)
- [DB101](#)
- [HB101](#)
- My Vault
- [MinnesotaHelp.info](https://MinnesotaHelp.info)
- [Direct Support Connect](#)

# Disability Hub MN Homepage

The Hub | DB101 | HB101

Chat
 1-866-333-2466
 Email

My Vault

Top Topics
Your Options
Hub Tools
Get Involved

For Families

For Professionals

## Set goals and a vision for your best life.

Explore Charting the LifeCourse tools and guides

□ □ □

### Welcome to the Hub.

Disability Hub MN is a free statewide resource network that helps you solve problems, navigate the system and plan for your future. We can help you create your best life, your way. Visit [About the Hub](#) to learn more.

**Stay connected**

Sign up to receive periodic email updates from the Hub.

Your email address:

Sign up

# Top Topics

## Top Topics

### Health

Medical Assistance

Medicare

Prescriptions

### Housing

Housing stabilization

[Affordable housing](#)

### Independence

PCA services

Transportation

Waivers

Waiver Reimagine

### Money

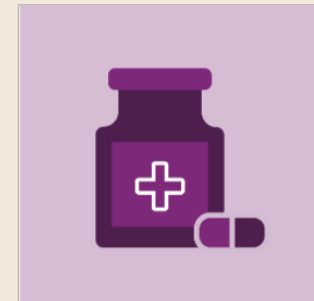
SNAP

Social Security

### Other

COVID-19

Guardianship and alternatives



Need help finding the Medicare prescription drug plan that's best for you? [See common questions about Medicare](#)

# Your Options

## Your Options

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Health

Housing

Independence

Money

Work



Think housing is too expensive? You might have more options than you think.

[Explore housing options](#)

# For Families



### Pregnancy and infancy

Your parenting journey begins with pregnancy. See key supports, programs and resources for pregnancy and infancy.



### Early childhood

You want to give your child the best possible start. Check out key supports, programs and resources for birth to age 5.



### School age

The school years provide opportunities for new experiences. Consider key supports, programs and services for school-age kids.



### Transition to adulthood



### Adulthood



### Aging



# For Professionals

## TOOLKIT

### Work

Consider steps you can take to introduce the idea of work and to engage people in rewarding employment.

## HUB MATERIALS

**Find materials you can use to tell people about the Hub.**

Check out brochures, digital promotional items and materials available for order. [See Hub materials](#).

# Hub Tools

## Hub Tools

### Online resources

Disability Benefits 101

Housing Benefits 101

My Vault

MinnesotaHelp

Direct Support Connect

### Activities and guides

Charting the LifeCourse™

Person-centered guidebook



Considering work? [Get inspiration from real-life success stories](#)

# Activities and Guides

## Charting the LifeCourse

The [Charting the LifeCourse™](#) framework and tools can be used in your own life, for your family members or in your work.

Use Charting the LifeCourse to:

- Learn more about yourself, and set your goals and vision for your best life.

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- Plan the best life with your child at any age. See [Charting the LifeCourse tools for families](#).

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- Problem-solve and build a plan for a specific goal like employment, housing or healthy living.

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- Organize your thoughts and speak up for what you want.



Watch an introductory video about  
 Charting the LifeCourse

# Activities and Guides: Person Centered Guidebook

## Talking about your wants, hopes and needs

Person-centered planning is all about you — living, learning, working and enjoying life in the way you choose. The person-centered planning guidebook will help you talk about what you want with the people who support you.

Using the person-centered planning guidebook, you can write down:

- The things you're good at

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- The people you trust

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- What you like about where you live, or what you would like to change

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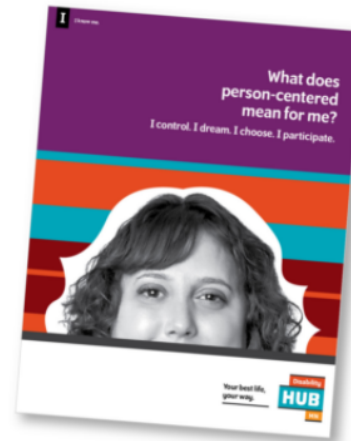
- What you like about your work, or what you wish your work could be

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- Places you like to go

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- Things you like to do



[Download the guidebook \(PDF\)](#)

## [Person-centered Guidebook](#)

# My Vault

[Hub Tools](#) > My Vault

## My Vault: Planning activities, tools and more



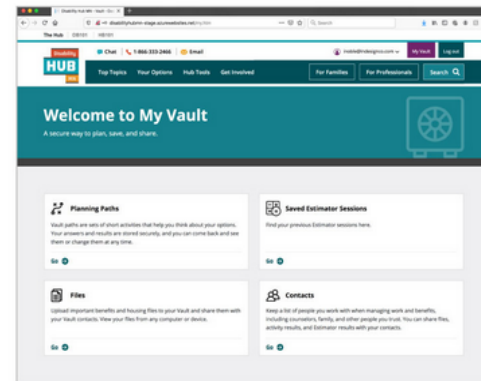
Give Feedback

☆ Add to favorites

My Vault is a personal account that works across Disability Hub MN, [Disability Benefits 101](#) and [Housing Benefits 101](#). My Vault is free, private and secure.

### With My Vault you can:

- Complete and save planning activities
- Store and share documents—everything you save in My Vault is yours and only you can share it with others.



Sign in or create a My Vault account

# DB101

## Learn how to balance benefits and work



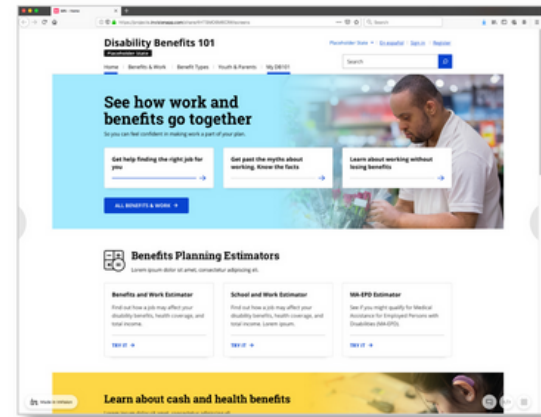
Give Feedback

☆ Add to favorites

At [Disability Benefits 101](#), or DB101, you can explore ways to balance benefits and work. Through DB101, understand your current benefits and find out what will happen to your benefits if you work or earn more.

### DB101 can help you:

- See how you can have more money when you work
- Understand your benefits
- Explore health care coverage options



[Go to DB101.org](#)


# Get Involved

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## Get Involved ✕

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- Virtual Insight Panel (VIP)
- Give feedback to DHS
- Share your story



**Your child has rights. [Learn more about how you can be an advocate](#)**

# Virtual Insight Panel (VIP)

## Virtual Insight Panel (VIP)

### Overview

Join the VIP

VIP activities

[Get Involved](#) > Virtual Insight Panel (VIP)

## Virtual Insight Panel (VIP): Overview



[Give Feedback](#)



[Add to favorites](#)

The Virtual Insight Panel was created by Disability Hub MN in partnership with the Disability Services Division of the Minnesota Department of Human Services. Feedback from the panel is used to actively support messaging and key projects within the Disability Services Division.

VIP members provide insight through interviews, focus groups and surveys. These activities can be done online, by phone or in person.

To be a VIP member, you must be older than 18, live in Minnesota and have a disability (or be the parent or guardian of a child or adult with a disability).



# DB101: Website Tour

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Static slides are provided for future reference.



# DB101

## Disability Benefits 101

Minnesota

Home | Work & Benefits | Programs | Youth | My Vault

# See how work and benefits go together

You can make work a part of your plan.

See how benefits support work →

Find programs that can help you find work →

Discover ways to save up money while working →

**ALL WORK & BENEFITS →**

## In the news

Follow @DB101\_MN on Twitter

**DB101 Minnesota**  
@DB101\_MN

The next Housing Best Practices Forum is about DB101 and Disability Hub MN! Get more info and register: [content.govdelivery.com/accounts/MN/DHS...](https://content.govdelivery.com/accounts/MN/DHS...)

**HB101 Minnesota** @HB101\_MN

Join the next Housing Best Practices Forum to learn more about Disability Benefits 101 and Disability Hub MN. Get more info about the forum and register to attend: [content.govdelivery.com/accounts/MNDHS...](https://content.govdelivery.com/accounts/MNDHS...)

# Work & Benefits

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[Home](#) | [Work & Benefits](#) | [Programs](#) | [Youth](#) | [My Vault](#)

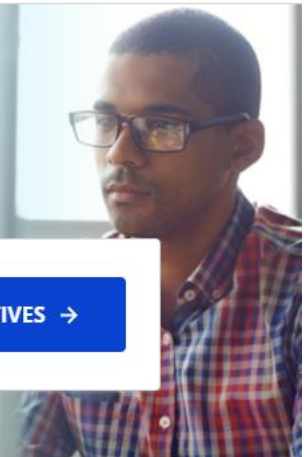
## Work & Benefits

See how work and benefits go together.

### Thinking about work?

See how benefits programs help you when you have a job.

[READ ABOUT WORK INCENTIVES →](#)



# Programs

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[Home](#) | [Work & Benefits](#) | [Programs](#) | [Youth](#) | [My Vault](#)

## Programs

Get the details on cash and health programs.

### Got a work plan?

See how it would help your situation.

[TRY THE BENEFITS & WORK ESTIMATOR →](#)



# Program Page Details

**SSDI**

The Basics

[Apply for Benefits](#)

[Understand SSA's Decision](#)

[Report Changes](#)

[Are You Insured?](#)

[Do You Have a Disability?](#)

[SSDI and Work !\[\]\(6b630aeae0fb7557fd0bf6b9b0397925\_img.jpg\)](#)

[Work Rules Focus](#)

[Example](#)

[FAQs](#)

[Pitfalls](#)

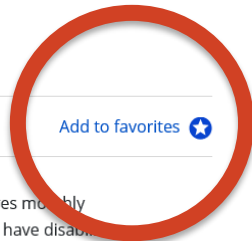
[Next Steps](#)

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Updated August 11, 2020

Social Security Disability Insurance (SSDI)

## The Basics



Add to favorites 

Social Security Disability Insurance (SSDI) is a federal program that gives monthly payments to people who have worked, paid Social Security taxes, and have disabilities that limit their ability to work.

There are two basic rules for getting SSDI:

- **You must be insured.** [You have to have worked long enough to be covered by SSDI.](#)
- **You must have a disability that meets Social Security's standards.** [The disability determination process looks at five things to see whether you have a disability.](#)

You must meet *both* of these requirements to get SSDI benefits. However, there are some other situations where you may get similar benefits from Social Security:

- If you are an adult with a disability that began before you turned 22, you may qualify for [Disabled Adult Child](#) (DAC) benefits.
- If you haven't turned 19 yet, you may qualify for child's benefits if one of your parents gets SSDI or [Social Security](#) retirement benefits, or if a parent died. You do not need to have a disability.
- If your spouse or ex-spouse qualifies for SSDI or Social Security retirement benefits, or qualified before dying, you may be able to get spouse's benefits or Disabled Widow (er) benefits.

# Youth

Home | Work & Benefits | Programs | Youth | My Vault

## Youth & Families

See what makes the biggest difference for young people.

### Under 25?

See how working and staying in school can help you.

[TRY THE SCHOOL AND WORK ESTIMATOR →](#)

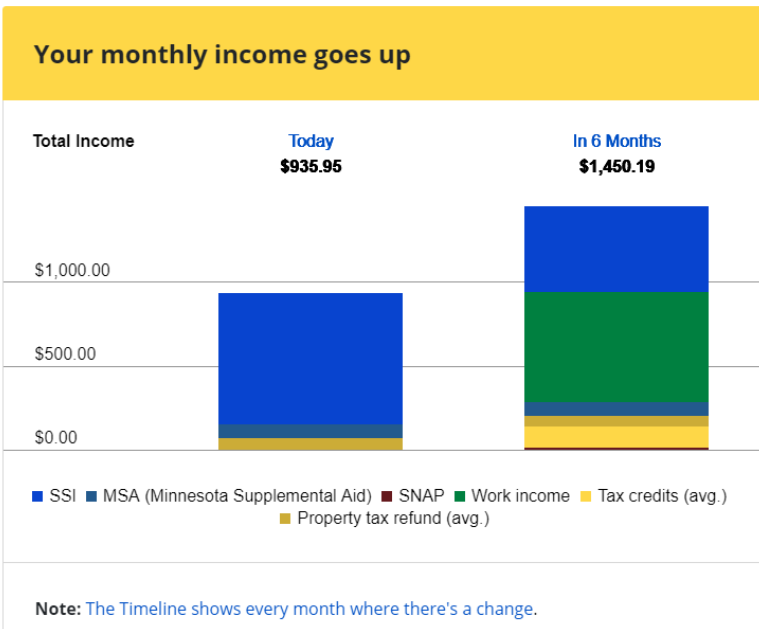


# Estimators

## Your Results

PART TIME

In this plan, you'll be better off!



# Try-It Tools

## ✂ SSDI and Work: Income Snapshot

Answer the questions below to see how working might affect your total income.

### Your situation today:

\* SSDI (Social Security Disability Insurance), full amount ?

\$

Are you blind, according to Social Security? ?

Yes  No

Have you used any of your SSDI Trial Work months? ?

Yes  No

### Your future plan:

\* What will be your gross monthly income from all your jobs? ?

[Help me calculate this](#)

\$

✔ How much will you claim in monthly Impairment-Related Work Expenses? You will ?

report these to Social Security.

[Help me calculate this](#)

✂ On SSDI? Get a quick estimate of how working may affect your income

**TRY IT →** Add to favorites ★



# Informational Videos



## Social Security Disability Insurance (SSDI)



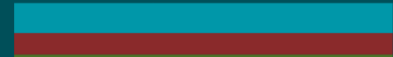
SSDI helps people with disabilities who worked and paid Social Security taxes.



# The Vault

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Static slides are provided for future reference.



# My Vault

## as viewed from DB101

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### Planning Paths

Vault paths are sets of short activities that help you think about your options. Your answers and results are stored securely, and you can come back and see them or change them at any time.

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[GO →](#)



### Saved Estimator Sessions

Find your previous Estimator sessions here.

---

[GO →](#)



### Files

Upload important benefits and housing files to your Vault and share them with your Vault contacts. View your files from any computer or device.

---

[GO →](#)



### Contacts

Keep a list of people you work with when managing work and benefits, including counselors, family, and other people you trust. You can share files, activity results, and Estimator results with your contacts.

---

[GO →](#)

# Contacts

Paths

Files

**Contacts**

Shares



## Contacts

My Contact Info

List who helps you manage work and benefits, like counselors, family, and people you trust. You can share files, activity results, and Estimator results with them.

Filter:

Add Contact

First Name	Last Name	Nickname	Email	Teams: All				
Anita	Test							
Bob	Test		bob.test@gmail.com					
Gina	Test		gina.test@gmail.com					
Jane	County		jcounty@hennepin.co.us					
Joe	ILS		joeils@mcil-mn.org					
John	SSA							

# Files

Paths

**Files**

Contacts











Shares



## Files

Upload important benefits and housing files to your Vault and share them with your Vault contacts. View your files from any computer or device.

### ▼ My Files

File	Modified	From	Shared
 Housing Stabilization.pdf	Jul 2, 2021	Workflow Report	
 Housing Stabilization Plan.pdf	Jul 2, 2021	Activity Report	
 Benefits and Work Estimator(21).pdf	Jun 10, 2021		
 Benefits and Work Estimator(20).pdf	<a href="#">Jun 10, 2021</a>		
 Benefits and Work Estimator(19).pdf	<a href="#">Apr 29, 2021</a>		

Show More ▼



Drop files or click here to


**Upload Files to My Vault**




Drop files or click here to

**Upload Files to My Vault and Share With Others**

# Planning Paths: DB101

[Paths](#)
[Files](#)
[Contacts](#)
[Shares](#)




**BENEFITS PLANNING** [Back to Paths](#)

## What happens to my benefits when I work?

**Follow this path** if you:

- Have a disability
- Get disability benefits
- Want to have more money

- ▶ [Start a Benefits Plan](#) ✓
- ▶ [Get a Benefits Lookup](#) ⋮
- ▶ [Do a Quick Budget](#) ⋮
- ▶ [Make a Work Plan](#) ✓
- ▶ [See How Work and Benefits Work Together](#) ✓
- ▶ [Manage Benefits](#) ✓
- ▶ [Build a Benefits Planning Team](#) ✓

# My Vault

## Welcome to My Vault

A secure way to plan, save, and share.



### Planning Paths

Vault paths are sets of short activities that help you think about your options. Your answers and results are stored securely, and you can come back and see them or change them at any time.

[Go](#) →



### Saved Estimator Sessions

Find your previous Estimator sessions here.

[Go](#) →



### Files

Upload important benefits and housing files to your Vault and share them with your Vault contacts. View your files from any computer or device.

[Go](#) →



### Contacts

Keep a list of people you work with when managing work and benefits, including counselors, family, and other people you trust. You can share files, activity results, and Estimator results with your contacts.

[Go](#) →

# Planning Paths: Disability Hub



## PLAN FOR WORK

### How can I plan for work?

Follow this path if you want to:

- Build a work plan
- Map resources and supports to help
- Tell others what matters to you

▶ [My Profile: Work](#)

▶ [My Resources and Supports: Work](#)

▶ [My Vision: Work](#)

▶ [Build My Team: Work](#)

▶ [My Positive Summary: Work](#)



# Questions?

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# How to reach us?

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## Contact a Hub expert.

Our experts are here to help you get answers to your questions, so you can live your best life, your way. Chat, call or email us today!



**Chat with us.** Monday to Friday, 8:30 am to 5 pm.



**Call 1-866-333-2466.** Monday to Friday, 8:30 am to 5 pm.



**Email us.** Emails are answered Monday to Friday.



# Now on Facebook!

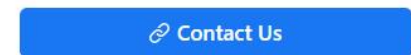


1-866-333-2466  
[disabilityhubmn.org](http://disabilityhubmn.org)



**Disability Hub MN**

@disabilityhubmn · Non-Governmental Organization (NGO)



# Thank you!

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## Your best life, your way.

**Disability Hub MN** is a free statewide resource network that helps you solve problems, navigate the system, or plan for your future. Our team knows the ins and outs of community resources and government programs, and has years of experience helping people fit them all together

Questions? Call [1-866-333-2466](tel:1-866-333-2466)